Washington, DC Abstinence Awareness Fact Sheet

Know the facts:

- Abstinence works every time
- There is a solution for the HIV/AIDS epidemic: Abstinence before marriage and faithfulness within marriage.
- Abstinence is the only 100% sure way to avoid the negative physical, intellectual, emotional, social, spiritual and financial consequences of sex outside of marriage.

Did you know that:

- 1 in 16 teen girls 15 to 19 years old gets pregnant each year in DC, and in many DC communities, up to 60% of all teenage girls will get pregnant at least once?
- **5.8 % of all DC residents age 13 and older** are estimated to be living with HIV/AIDS, and 14,465 have been diagnosed (2.7%)?
- 0.1 % of white females, 0.6% of Hispanic females, 2.6 % of black females, 2.4% of white males, 3.0% of Hispanic males, & 6.3 % of black males have been diagnosed and are living with HIV/AIDS?
- 45% of DC high school students have never had sex with more than twice as many now abstaining as compared to 1994? 76% of 9th grade females & 57% of 9th grade males have never had sex.
- Girls who experiment with drugs or sex are two to three times more likely to be depressed than those who don't.?
- Boys and girls who are sexually active are also much more likely to drink alcohol, smoke cigarettes, smoke marijuana, be suspended from school, or be arrested?
- **Condoms provide** only 50% protection against genital herpes, gonorrhea, syphilis, HPV (main cause of cervical cancer) and Chlamydia if used correctly and every time?
- **3624 chlamydia infections were reported** among 16 to 24 year olds in Washington DC in 2010?Chlamydia can lead to sterility if not treated.
- In DC's Wards 7 & 8, 82% of all births are to single mothers?
- Prevention through abstinence will improve future outcomes for youth and for our city:
- Studies reveal that even in high-crime inner-city neighborhoods, well over 90 percent of children from safe, stable, two-parent homes do not become delinquents. More youth waiting means more stable homes in the future.

Abstinence works every time. Condoms have limited effectiveness, and do not deal with the emotional, social, intellectual and spiritual consequences of having sex. You are worth waiting for.

For statistical sources and more information, see www.urbanlifetraining.org

Urban Life Training | 202-558-5550 | www.urbanlifetraining.org Richard & Stacey Urban, co-founders

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